



# Count Us In 2023

Event Calendar



City of Newcastle

# Count Us In is back for 2023!

City of Newcastle proudly presents Count Us In in partnership with Community Disability Alliance Hunter. Now in its fourth year, the festival has evolved into a three-week program that demonstrates, showcases and inspires inclusion in the community, because inclusion is everyone's business.

The festival is curated by City of Newcastle and people with lived experience of disability, with a program of events and activities that help all Novocastrians better understand and experience access and inclusion.



## Across September

### Event: Magic Table

**Description:** The Magic Table uses interactive light projections onto a table to stimulate and engage people with cognitive disabilities or dementia. The colourful objects respond to hand and arm movements, allowing participants to play with the light images reflected on the table. The interactive games enable both physical and cognitive activity and encourage social interaction.

**Time:** Available for 30 or 60 minute sessions

**Location:** Wallsend District Library, 30 Bunn Street Wallsend, NSW 2287

**Booking:** Recommended. Email: [library@ncc.nsw.gov.au](mailto:library@ncc.nsw.gov.au) Ph 4985 6680

**Cost:** Free

## Saturday 2 September

### Event: Sharing Culture Storytime

**Description:** Uncle Amos Simon from Muurrung Marai is generously sharing Awabakal and Gathung language and culture through song, dance, puppets, guitar and yadaki (didgeridoo)

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street Wallsend, NSW 2287

**Booking:** Reserve your spot [here](#)

**Cost:** Free

## Tuesday 5 September

### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

### Event: Lego Club

**Description:** Share your skills, master cool builds and make new friends. We have buckets loads of LEGO® and a different challenge each week. Fun guaranteed! Suggested ages: 5-12 years

**Time:** 4:00pm-4:45pm

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend 2287

**Booking:** Not required

**Cost:** Free

### Event: Memory Room

**Description:** Newcastle Libraries host fortnightly face-to-face sessions for community members living with dementia and their families. Our specialised therapists draw on photos from the local history collection and other treasured and familiar objects to enable members to reflect and participate in conversation, intellectual stimulation and creative activities.

**Time:** 11:00am-12:30pm

**Location:** Newcastle City Library, 15 Laman Street, Newcastle NSW 2300

**Booking:** Contact- [library@ncc.nsw.gov.au](mailto:library@ncc.nsw.gov.au)

**Cost:** Free

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## Wednesday 6 September

### Event: Memory Room

**Description:** Newcastle Libraries host fortnightly face-to-face sessions for community members living with dementia and their families. Our specialised therapists draw on photos from the local history collection and other treasured and familiar objects to enable members to reflect and participate in conversation, intellectual stimulation and creative activities.

**Time:** 11:00am-12:30pm

**Location:** Newcastle City Library, 15 Laman Street, Newcastle NSW 2300

**Booking:** Contact- [library@ncc.nsw.gov.au](mailto:library@ncc.nsw.gov.au)

**Cost:** Free

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### Event: Deaf Awareness Training and Introduction to Auslan

**Description:** This workshop, delivered by Deaf Connect, is an introduction to deaf culture. It will build your confidence in interacting with people who are deaf or have hearing loss, promote the role and importance of interpreters, provide an introduction to Auslan, and cover off on support services and ways to improve access for deaf or hard of hearing employees.

**Time:** 10:00am-12:00pm

**Location:** Digital Library, Level 1 City of Newcastle, 12 Stewart Avenue, Newcastle West NSW 2302

**Booking:** [www.trybooking.com/CKTQQ](http://www.trybooking.com/CKTQQ)

**Cost:** Free

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### Event: Engage with Clyde Campbell OAM from Shake It Up Australia

**Description:** Engage invites people living with Parkinson's, carers, family members and those interested in Parkinson's related care to join us for a shared lunch to hear from guest speakers about local support groups, symptom management, and living life with Parkinson's.

**Time:** 10:00am-1:00pm

**Location:** Engage VR, Steel River Industrial Estate, 2/20 Spit Island Close, Mayfield West NSW 2304

**Booking:** Essential. Contact - Ashlee Judd M 0490 890 247

**Cost:** Free

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### Event: Story Explorers

**Description:** Join us for stories and adventures exploring different items in the Museum collection. More information Ph 4974 1400

**Time:** 11:00am-11:45am

**Location:** Newcastle Museum, 6 Workshop Way, Newcastle 2300

**Booking:** Contact Ph 4974 1400

**Cost:** Free

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## Thursday 7 September

### Event: Variety Activate Inclusion Sports Day

**Description:** Variety Activate Inclusion Sport Day engages children of school age into a range of adaptive sports lead by Disability Sports Australia, Sport NSW and sporting associations representatives.

**Time:** 10:00am-1:00pm

**Location:** Newcastle Basketball Stadium, 27 Young Road Broadmeadow, NSW 2292

**Booking:** Via schools.

**Cost:** Free

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### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

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### Event: Wetlands Count Us In

**Description:** Visit the Wetlands and take a tour of our grounds, view our gallery, enjoy the view from our cafe, enjoy morning tea, experience the animal house and hand feed geese whilst relaxing in our magnificent wetlands, why not even try your luck fishing from our accessible fishing platform.

**Time:** 9:30am-1:30pm

**Location:** Hunter Wetlands, 1 Wetlands Place, Shortland NSW 2307

**Booking:** Essential, via Bruce Tozer M 0417 413 095 E [marketing@wetlands.org.au](mailto:marketing@wetlands.org.au)

**Cost:** Free for specific events (General entrance fee applies otherwise)

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### Event: Guide Dogs Introduction to Accessible Content

**Description:** Presented by Guide Dogs, this 2hr session is an Introduction to Creating Accessible Documents. Linked to a free online course provided and recommended as pre-work. Learn how to implement these strategies firsthand with a person who is blind, and see how a screen reader handles content.

**Time:** 9:45am-12:00pm

**Location:** Digital Library, Level 1, City of Newcastle, 12 Stewart Avenue Newcastle West NSW 2302

**Booking:** Essential via [www.trybooking.com/CKSAC](http://www.trybooking.com/CKSAC)

**Cost:** \$25

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### Event: Healthy Humans Boxcercise

**Description:** Healthy Change Challenge brings you inclusive mobility friendly exercise sessions. Boxcercise, Zumba and spin are just some of the healthy activities we offer for you to get physical and have fun. These sessions are led by people with disabilities demonstrating their new skills and encouraging others with disabilities to have a go.

**Time:** 11:15am–12:15pm

**Location:** Genesis Health and Fitness 2/235 Darby Street Cooks Hill 2300

**Booking:**  Essential  
OR Contact Alison on mobile 0431 347 195

**Cost:** Free

## Friday 8 September

### Event: Count Women In

**Description:** Community Disability Alliance Hunter brings you a High Tea event for all women, exploring self-worth and identity in a safe place. Building positive relationships, promoting awareness of services focussed on supporting women regarding domestic and family violence.

**Time:** 10:00am–12:30pm

**Location:** CDAH Office, 202 King Street Newcastle NSW 2300

**Booking:** Essential [events.humanitix.com/count-women-in](https://events.humanitix.com/count-women-in)

**Cost:** Free

### Event: Understanding Inclusive Design-The Fundamentals

**Description:** The Centre for Inclusive Design presents a 1 hour discussion-based lecture: what is inclusive design, what are the key trends you need to think about, and what questions do you need to ask? We will explore the concept of bias and the role it plays in business decision-making, team cohesion and product design, and help you to actively challenge your own biases to improve output

**Time:** 10:45am–12:00pm

**Location:** Digital Library, Level 1, City of Newcastle, 12 Stewart Avenue Newcastle West NSW 2302

**Booking:** Essential [www.trybooking.com/CKSEZ](https://www.trybooking.com/CKSEZ)

**Cost:** \$25

### Event: Understanding Inclusive Design- Making it work for everyone

**Description:** The Centre for Inclusive Design presents this 1-hour workshop explaining the value of working with, and testing by, edge users. The workshop explains the importance of having people not traditionally included in the design process involved as key contributors, and why designing for the “edge” produces better quality designs that work for all people.

**Time:** 12:45pm–2:00pm

**Location:** Digital Library, Level 1, City of Newcastle, 12 Stewart Avenue Newcastle West NSW 2302

**Booking:** Essential [www.trybooking.com/CKSGC](https://www.trybooking.com/CKSGC)

**Cost:** \$25

## Saturday 9 September

### Event: Come & Try All Abilities Netball Skills Clinic

**Description:** Netball welcomes all people, come and enjoy learning how the game is played and how you can find a fun activity with friends.

**Time:** 11:30am–1:30pm

**Location:** Newcastle Netball Courts, National Park, Union Street, Cooks Hill NSW 2300

**Booking:** Not required

**More information:** Contact Stephanie Bortkevitch on mobile 0412 525 900 or Ellen Monaghan 0407 431 485

**Cost:** Free

## Sunday 10 September

### Event: Queer Peers Trivia

**Description:** Community Disability Alliance Hunter presents a trivia event focused on socially engaging people with disabilities from the LGBTQIA+ communities. Test your trivia knowledge or just come to enjoy the fun.

**Time:** 4:00pm–6:00pm

**Location:** Bernies Bar, 410 King Street Newcastle NSW 2300

**Booking:** Essential [events.humanitix.com/queer-peers-trivia](https://events.humanitix.com/queer-peers-trivia)

**Cost:** Free

### Event: FSF Inclusive Disco

**Description:** Families Supporting Families are hosting an inclusive family disco where you can dance, move and sing while music fills the air. A family-friendly event with a relaxed attitude to accommodate people with disabilities and their significant others to all enjoy being themselves.

**Time:** 3:00pm–5:00pm

**Location:** Wallsend Diggers Club, 5 Tyrell Street Wallsend NSW 2287

**Booking:** Essential [events.humanitix.com/family-disco](https://events.humanitix.com/family-disco)

**Cost:** Free

## Tuesday 12 September

### Event: Lego Club

**Description:** Share your skills, master cool builds and make new friends. We have buckets loads of LEGO® and a different challenge each week. Fun guaranteed! Suggested ages: 5–12 years

**Time:** 4:00pm–4:45pm

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend 2287

**Booking:** Not required.

**Cost:** Free



### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

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### Event: Spanish Rock & Rhyme Storytime

**Description:** Hold! Join us for fun, stories, rhymes, songs, and music in "Español"! For Spanish speaking "familias" and those who would like to experience the "lenguaje". Los esperamos! Suitable for "ninos" age 0-5.

**Time:** 10:00am-10:45am

**Location:** Newcastle City Library, 15 Laman Street, Newcastle NSW 2300

**Booking:** Essential, [book here](#)

**Cost:** Free

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## Wednesday 13 September

### Event: Paint and Sip with inSitu Housing

**Description:** InSitu Housing invites you to join us for some artsy fun, explore the issue of independence through art expression, find your inner artist and learn a new skill - all in a safe environment. Individuals with disabilities, along with support staff and carers, can attend and join in the fun.

**Time:** 12:00pm-3:00pm

**Location:** Paint and Sip, Shop 7/122 Darby Street Cooks Hill NSW 2300

**Booking:** Essential, [book here](#)

**More info:** Tamara Di Costanzo M 0477 457 984

**Cost:** Free

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### Event: Dungeons & Dragons

**Description:** Test your imagination, make new friends and learn new skills with our fun-packed Dungeons & Dragons gaming group! Facilitated by our friendly staff, this group is designed to assist you in playing the most popular role-playing game around, all while leveling up your hero in a fun social environment.

**Time:** 12:00pm-4:00pm

**Location:** Shop 4, 117-122 Nelson Street Wallsend, NSW, 2287

**Booking:** [breakthru.org.au/contact-us](http://breakthru.org.au/contact-us)

**Cost:** Free

### Event: Accessible Tourism Workshop-Unlocking new customers for your business

**Description:** The City of Newcastle is hosting an online Accessible Tourism Workshop. With 1 in 4 travellers identifying that they have a disability, accessible tourism is a high value sector to the tourism industry. However, business owners and managers may not know where to start, or think it may be too expensive or too hard. This 90 minute online workshop will be facilitated by accessible and inclusive tourism and business expert, Giovanna Lever of [Sparrowly Group](#). Giovanna is the co-author of nationally acclaimed accessible tourism paper, [Creating Real Inclusion](#) and advocates for people with disability.

- Build your confidence in working with people with disabilities
- Learn to identify opportunities for your business
- Develop a stepped plan to building inclusivity into your business model

**Time:** 2:00pm-3:30pm

**Location:** Online via Zoom

**Booking:** Not required. Join [here](#)

**Cost:** Free

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### Event: Spooky Night – Town Hall Terror

**Description:** Community Disability Alliance Hunter's Erin Forrester established Spooky Night as a regular activity for people with a disability and an interest in the paranormal to socialise and have some fun. This 90 minute paranormal experience will include researching and encountering Newcastle's paranormal right in City Hall. Join Erin and have some fun.

**Time:** 6:30pm-8:30pm

**Location:** Newcastle City Hall, 290 King Street Newcastle NSW 2300

**Booking:** Essential, [book here](#)

**Cost:** Free

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## Thursday 14 September

### Event: Avenue Open Day

**Description:** Visit Avenue Newcastle to find out about our day program where people with disabilities engage in purposeful work, share in the profits, socialise with teammates and develop skills. Take a tour of our fabulous space, meet our participants and team, and discover what makes us different. Join us for a tasty BBQ hosted by our amazing participants.

**Time:** 1:00pm-2:00pm

**Location:** 1 Warabrook Boulevard, Warabrook NSW 2304

**Booking:** Booking essential, [book here](#)

**Cost:** Free

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### Event: Wetlands Count Us In

**Description:** Visit the Wetlands and take a tour of our grounds, view our gallery, enjoy the view from our cafe, share in morning tea, experience the animal house and hand feed geese whilst relaxing in our magnificent wetlands. Why not try your luck fishing from our accessible fishing platform?

**Time:** 9:30am-1:30pm

**Location:** Hunter Wetlands, 1 Wetlands Place, Shortland NSW 2307

**Booking:** Essential, via Bruce Tozer M 0417 413 095 E [marketing@wetlands.org.au](mailto:marketing@wetlands.org.au)

**Cost:** Free for specific events (General entrance fee applies otherwise)



### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

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## Friday 15 September

### Event: Inclusive Employment Forum

**Description:** People with disabilities are significantly less likely to be in the workforce compared to the general population. This impacts economic and other opportunities. Join us to hear about local services and national programs that aim to improve access to employment for people with disabilities. Contribute to the conversation and explore how to be a more inclusive employer.

More information email [swarham@ncc.nsw.gov.au](mailto:swarham@ncc.nsw.gov.au) or call/text 0419 616 818.

**Time:** 9:30am-12:00pm

**Location:** Cummings Room, Newcastle City Hall, 290 King Street Newcastle NSW 2300

**Booking:** Essential, [www.trybooking.com/CKTRO](http://www.trybooking.com/CKTRO)

**Cost:** Free

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### Event: Count Us In Business and Industry Lunch

**Description:** City of Newcastle brings you the **Count Us In Business Lunch** featuring 2022 Australian of the Year, Dylan Alcott AO. This ticketed event will provide an opportunity for Newcastle businesses to join us and live the mantra "inclusion is everyone's business". Ticket includes a 2 course meal and drinks.

**Time:** Arrive at 12:00pm for 12:30pm Start. Finish 2:30pm

**Location:** Concert Hall, Newcastle City Hall, 290 King Street Newcastle NSW 2300

**Booking:** Essential, [book here](#)

**Cost:** \$110 per person


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### Event: Healthy Humans Zumba

**Description:** Healthy Change Challenge brings you inclusive mobility friendly exercise sessions. Boxercise, Zumba and spin are just some of the healthy activities we offer for you to get physical and have fun. These sessions are led by people with disabilities demonstrating their new skills and encouraging others with disabilities to have a go. Join us on this day for Zumba.

**Time:** 11:15am-12:15pm

**Location:** Genesis Health and Fitness 2/235 Darby Street Cooks Hill 2300

**Booking:**  Essential via  
OR Contact Alison on mobile 0431 347 195

**Cost:** Free

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## Saturday 16 September

### Event: Anime Soul - A celebration of inclusive Art Making

**Description:** Anime Soul is an interactive art exhibition by a local artist whose story deserves to be seen and heard. Jessica Diamond is a portrait artist with strong influences from anime style. Jessica's art deals with deep emotions, loss, loneliness and being "othered". Come for the art experience; come to start your own art adventure; come for the social experience - it's all here at Art Mania Studio for you to enjoy.

**Time:** 4:00pm-7:30pm

**Location:** Art Mania Studio, 12 Council Street Wallsend NSW 2287

**Booking:** Essential Contact Shannon Cattley M 0491 651 712 E [shannon.cattley@artmaniestudio.com.au](mailto:shannon.cattley@artmaniestudio.com.au)

**Cost:** Free

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### Event: Shifting the Line Premiere

**Description:** This short film, created by Community Disability Alliance Hunter (CDAH) and engaging community members, will be launched as a red carpet experience at Newcastle Museum and allow Speak Up Hunter to talk about the film and how it can be used to promote the message of inclusion across our community.

**Time:** 2:00pm-5:00pm

**Location:** Newcastle Museum, Theatre Workshop Way Newcastle NSW 2300

**Booking:** Essential [events.humanitix.com/shifting-the-line-film-premier](https://events.humanitix.com/shifting-the-line-film-premier)

**Cost:** Free

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### Event: JD's World of Magic

**Description:** Families Supporting Families are hosting JD's World of Magic Show with international award-winning magician, Joel Howlett. A family-friendly event with a relaxed attitude to audience noise and movement to accommodate people who may require a more flexible environment. This is a show that is sure to entertain and delight all ages!

**Time:** 3:00pm-4:00pm

**Location:** Fort Scratchley Function Centre, 1/3 Nobbys Rd, Newcastle East, NSW 2300

**Booking:** Free, Bookings Essential [events.humanitix.com/jds-magic-show](https://events.humanitix.com/jds-magic-show)

**Cost:** Free

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## Sunday 17 September

### Event: Deaf Community Art Workshop

**Description:** Playstate Curate Gallery will be hosting an art workshop for members of the deaf and deaf/blind community to learn some artistic skills, be taught by an experienced artist with Auslan interpretation, and create their own artwork. This positive experience may spark a whole new hobby or avenue for participants to pursue lifelong.

**Time:** 1:00pm-3:00pm

**Location:** 68 Fern Street, Islington NSW 2296

**Booking:** Essential Sophie Casey M 0481 183 310 E [sophie@playstate.com.au](mailto:sophie@playstate.com.au)

**Cost:** \$20 per person

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## Monday 18 September

### Event: Mandarin Rock and Rhyme Storytime

**Description:** Join us for fun, stories, rhymes, songs and music in Mandarin, For Mandarin speaking families and those who would like to experience the language. Suitable for children aged 0-5.

**Time:** 1:30pm-2:00pm

**Location:** Newcastle City Library, 15 Laman Street, Newcastle 2300

**Booking:** [here](#)

### Event: How to be a Good Ally

**Description:** Join Accessible Arts for this bespoke one and a half hour workshop on how to be a good ally to the 1 in 5 Australians living with disability or who are d/Deaf. This training is suitable for all groups, arts, sports, business and community! A safe and welcoming space to ask questions and improve the way you understand and engage with the disability community.

**Time:** 10:15am-12:00pm

**Location:** Digital Library, Level 1, City of Newcastle, 12 Stewart Avenue Newcastle West NSW 2302

**Booking:** Essential. [www.trybooking.com/CKTCO](http://www.trybooking.com/CKTCO)

**Cost:** \$25

### Event: The Power of Play

**Description:** Play is a child's work AND their joy. Play has the power to promote development and relationships no matter your child's age. The Newcastle Toy Library, in partnership with experienced Paediatric Occupational Therapist, Lara Betland, are offering an information session on how play can be used to promote infant and child development, and how parents and carers can further enhance the power of play by being a play partner.

**Time:** 6:00pm-7:00pm

**Location:** New Lambton Library, 95 Regent Street, New Lambton NSW 2305

**Booking:** [whatson.newcastle.nsw.gov.au](http://whatson.newcastle.nsw.gov.au)

### Event: School Leaver Employment Information Session

**Description:** Join Breakthru to discover career options after school with our School Leaver Employment Supports (SLES) information session. SLES is an NDIS funded capacity building support designed to assist young people transitioning from school to employment. This is a must-attend event if you would like to find out more about how to improve your confidence, increase your independence and employability skills, and work out your dream job and the pathway to get it.

**Time:** 5:30pm-6:30pm

**Location:** This session is hosted online using Microsoft Teams

**Booking:** [Visit Link](#)

**Cost:** Free

## Tuesday 19 September

### Event: Lego Club

**Description:** Share your skills, master cool builds and make new friends. We have buckets loads of LEGO® and a different challenge each week. Fun guaranteed! Suggested ages: 5-12 years

**Time:** 4:00pm-4:45pm

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend 2287

**Booking:** Not required.

**Cost:** Free

### Event: Memory Room

**Description:** Newcastle Libraries host fortnightly face-to-face sessions for community members living with dementia and their families. Our specialised therapists draw on photos from the local history collection and other treasured and familiar objects to enable members to reflect and participate in conversation, intellectual stimulation and creative activities.

**Time:** 11:00am-12:30pm

**Location:** Newcastle City Library, 15 Laman Street, Newcastle NSW 2300

**Booking:** Contact- [library@ncc.nsw.gov.au](mailto:library@ncc.nsw.gov.au)

**Cost:** Free

### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

### Event: Guide Dogs Introduction to Accessible Content-Online Session

**Description:** Presented by Guide Dogs, this 2-hour online session is an Introduction to Creating Accessible Documents. Linked to a free online course provided and recommended as pre-work. Learn how to implement these strategies firsthand with a person who is blind, and see how a screen reader handles content.

**Time:** 10:00am-12:00pm

**Location:** Online via zoom

**Booking:** Essential. [Book here](#)

**Cost:** \$25



### Event: Healthy Humans Spin Class

**Description:** Healthy Change Challenge brings you inclusive mobility friendly exercise sessions. Boxercise, Zumba and spin are just some of the healthy activities we offer for you to get physical and have fun. These sessions are led by people with disabilities demonstrating their new skills and encouraging others with disabilities to have a go. Join us for this class whether it be for seated activity, in your chair or on a spin bike. All levels welcome.

**Time:** 11:15am-12:15pm

**Location:** Genesis Health and Fitness 2/235 Darby Street Cooks Hill NSW 2300

**Booking:**  OR Contact Alison on mobile 0431 347 195

**Cost:** Free

## Wednesday 20 September

### Event: Find the job you love

**Description:** Come behind the scenes and meet the Aruma team at work. You will see first-hand the variety of jobs we have available for supported employment, so you can find the job you love. RSVPs essential. Join us for a free sausage sizzle. For your safety, covered footwear must be worn (no sandals or thongs). We can't wait to meet you!

**Time:** Session one 9:00am-11:30am Session two 12:00pm-2:30pm

**Location:** Laundry - 7 Callistermon Cl, Warabrook 2304 / Metalwork-15 Ironbark Cl, Warabrook 2304

**Booking:** Aruma will provide a 12-seater bus pickup for this event at Newcastle Interchange. Bookings are essential as numbers are limited for the tour and the bus. RSVP: [karen.mccraw@aruma.com.au](mailto:karen.mccraw@aruma.com.au) with your name, contact details and number of people wanting to attend.

**Cost:** Free

### Event: Log on for Lunch

**Description:** Presented by Beresfield Community Care Log on for Lunch will assist people with disabilities, carers/families and others by providing education and support to learn about digital safety, digital literacy and using electronic devices. Individual and group sessions on the day. Get connected in person and with technology.

**Time:** 10:00am-1:00pm

**Location:** Beresfield Community Centre, 39 Beresford Ave Beresfield NSW 2322

**Booking:** Essential via Megan Smith Ph 4964 1131 [megan.smith@adsslimited.com.au](mailto:megan.smith@adsslimited.com.au)

**Cost:** Free

### Event: Deaf Awareness Training and Introduction to Auslan

**Description:** This workshop delivered by Deaf Connect is an introduction to deaf culture. It will build your confidence in interacting with people who are deaf or have hearing loss, promote the role and importance of interpreters, provide an intro to Auslan, and cover off on support services and improving access for deaf or hard of hearing employees.

**Time:** 10:00am-12:00pm

**Location:** Level 1 Digital Library, City of Newcastle, 12 Stewart Avenue, Newcastle

**Booking:** Booking essential, [www.trybooking.com/CKTQI](http://www.trybooking.com/CKTQI)

**Cost:** Free

### Event: Memory Room

**Description:** Newcastle Libraries host fortnightly face-to-face sessions for community members living with dementia and their families. Our specialised therapists draw on photos from the local history collection and other treasured and familiar objects to enable members to reflect and participate in conversation, intellectual stimulation and creative activities.

**Time:** 11:00am-12:30pm

**Location:** Newcastle Museum

**Booking:** Contact- [library@ncc.nsw.gov.au](mailto:library@ncc.nsw.gov.au)

**Cost:** Free

## Thursday 21 September

### Event: Wetlands Count Us In

**Description:** Visit the Wetlands and take a tour of our grounds, view our gallery, enjoy the view from our cafe, share in morning tea, experience the animal house and hand feed geese whilst relaxing in our magnificent wetlands. Why not even try your luck fishing from our accessible fishing platform?

**Time:** 9:30am-1:30pm

**Location:** Hunter Wetlands, 1 Wetlands Place, Shortland NSW 2307

**Booking:** Free event by must book via Bruce Tozer M 0417 413 095 E [marketing@wetlands.org.au](mailto:marketing@wetlands.org.au)

**Cost:** Free

### Event: Story Stomp

**Description:** Stomp your way through a weekly fun themed session of stories, songs, games and craft developed to stimulate, engage and grow the minds of 3-5 year olds.

**Time:** 11:00am-11:45am

**Location:** Wallsend District Library, 30 Bunn Street, Wallsend NSW 2287

**Booking:** [Here](#)

**Cost:** Free

### Event: Accessible Exhibition Design Workshop

**Description:** Join Accessible Arts for this expert led one and a half hour workshop on how to design, curate and deliver exhibitions that are accessible for the 1 in 5 Australians identifying as a person with disability. Beneficial for anyone involved with the planning, curating and delivery of exhibitions across all art forms.

**Time:** 9:45-12:00pm

**Location:** Level 1 Digital Library, City of Newcastle, 12 Stewart Avenue, Newcastle West NSW 2302

**Booking:** Booking essential, [www.trybooking.com/CKTCV](http://www.trybooking.com/CKTCV)

**Cost:** \$25





### Event: Accessible Festivals and Events Workshop

**Description:** Join Accessible Arts for this expert led one and a half hour workshop designed for festival and event organisers from all sectors. This course outlines achievable and effective ways to help ensure your team is prepared and confident to cater for everyone. Beneficial for anyone involved in the arts, culture and events spaces.

**Time:** 12:45pm-2:30pm

**Location:** Level 1 Digital Library, City of Newcastle, 12 Stewart Avenue, Newcastle West NSW 2302

**Booking:** Booking essential, [www.trybooking.com/CKTDS](http://www.trybooking.com/CKTDS)

**Cost:** \$25

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### Event: No Lights, No Lycra brought to you by Avenue

**Description:** NLNL is a casual, no-judgement freestyle dance class in low light. We turn down the lights and crank up the tunes to release our inhibitions, move our moods and work up a wild sweat - all completely sober. Shake the blues away and get lost in the music. It might seem a little bit strange, but it is a whole lot of fun.

**Time:** 6:00pm-7:00pm

**Location:** Cameron Park Community Centre, 107 Northlakes Drive Cameron Park NSW 2285

**Booking:** \$10pp Contact [michelle.gubanyi@fightingchance.org.au](mailto:michelle.gubanyi@fightingchance.org.au)

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### Event: Newcastle Transport, Travel Experience Day

**Description:** Newcastle Transport Travel Experience Day is designed to help customers become more familiar with public transport. Practice getting on and off an accessible tram, bus and ferry and have a chat to our customer service officers who will be there to assist you. The event helps people of all abilities to feel more confident when using public transport. This includes people with a disability, parents with children and seniors. Book in, come along and experience the light rail, bus and ferry network with our friendly Customer Service team.

**Time:** 10:00am-11:00am

**Location:** Newcastle Transport Interchange, Wickham NSW 2293

**Booking:** Essential. Book [here](#)

**Cost:** Free

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## Friday 22 September

### Event: Your Rights at Work Workshop

**Description:** People with disabilities often face discrimination when applying for work, and within the workplace. It is important to know your rights. This session includes the opportunity to hear about your rights at work, anti-discrimination law and a Q&A session. Joseph Popov is the Community Disability Alliance Hunter's Employment Peer Network Facilitator, a local disability advocate and holds relevant qualifications from the University of Newcastle. In addition to this, Joseph has lived experience to share.

**Time:** 10:00am-1:00pm

**Location:** CDAH Office 202 King Street Newcastle NSW 2300

**Booking:** [events.humanitix.com/your-rights-at-work](http://events.humanitix.com/your-rights-at-work)

**Cost:** Free

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### Event: Disability Confidence Workshop

**Description:** Join Accessible Arts for an introductory workshop on practical ways to help your organisation, business or community group feel more confident to connect and support people with disability or who are d/Deaf. A fun and informal workshop with practical and useful tips to identify and mitigate access barriers, building more inclusive events and programs.

**Time:** 12:45pm-2:30pm

**Location:** Level 1 Digital Library, City of Newcastle, 12 Stewart Avenue, Newcastle West NSW 2302

**Booking:** Essential, [www.trybooking.com/CKTEB](http://www.trybooking.com/CKTEB)

**Cost:** \$25

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### Event: The Power of Play

**Description:** Play is a child's work AND their joy. Play has the power to promote development and relationships no matter your child's age. The Newcastle Toy Library, in partnership with experienced Paediatric Occupational Therapist, Lara Betland, are offering an information session on how play can be used to promote infant and child development, and how parents and carers can further enhance the power of play by being a play partner.

**Time:** 10:30am-11:30am

**Location:** New Lambton Library, 95 Regent Street, New Lambton NSW 2305

**Booking:** [whatson.newcastle.nsw.gov.au](http://whatson.newcastle.nsw.gov.au)

**Cost:** Free

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### Event: Count Us In Vibes

**Description:** Museum Park will come alive with an afternoon of performers of all abilities delivering music and dance, along with information and opportunities to learn about disability inclusive activities across Newcastle.

**Time:** 2:00pm-6:00pm

**Location:** Museum Park, 430 Hunter Street Newcastle NSW 2300

**Booking:** Not required.

**Cost:** Free

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### (Running until 1 October)

#### Event: ATONG ATEM

**Description:** Internationally renowned photographer Atong Atem presents striking video and photographic portraiture in her first exhibition in Newcastle. The exhibition brings together two recent series of work to present migrant stories and obscured layers of history on a cinematic scale.

Across ten days the exhibition will be activated by a dynamic series of events presenting fashion, music, discussion, and storytelling from exciting creators celebrating African culture.

Presented by Newcastle Art Gallery for [New Annual 2023](#).

**Time:** 12:00pm-8:00pm (Except for on 1 October 12pm-6pm)

**Location:** Secret location to be revealed.

**Booking:** Register your interest to receive exclusive event and venue information [confirmsubscription.com/h/d/5A95AC46BBE08224](http://confirmsubscription.com/h/d/5A95AC46BBE08224)

Visit [nag.org.au/atong-atem](http://nag.org.au/atong-atem)

**Cost:** Free

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## Saturday 23 September

### Event: Surfing the Spectrum Nobbys

**Description:** Surfing the Spectrum is an inclusive learn to surf event for young people 5-18 years old who are on the autism spectrum or a sibling of a person on the spectrum. This event is an opportunity to learn to surf, water skills, water safety and have lots of fun.

**Time:** 9:00am-1:00pm

**Location:** Nobbys Beach, Newcastle NSW 2300

**Booking:** Essential Contact Tahlia Anderson M 0490 790 988

**Cost:** Free

### Event: Auslan Only Day

**Description:** Celebrate International Day of Sign Languages and International Week of Deaf People. Come along and socialise, enjoy a BBQ, drinks and activities. Engage with the local Deaf Community.

**Time:** 11:00am-4:00pm

**Location:** Newcastle Foreshore Park, Wharf Road, Newcastle NSW 2300

**Booking:** RSVP by 10 September via email to [work.thomasdoe@gmail.com](mailto:work.thomasdoe@gmail.com)

**Cost:** Free



## Beyond Count Us In

There are a range of activities and events across our City that provide opportunities for all people to participate. Keep an eye out on [www.newcastle.nsw.gov.au/countusin](http://www.newcastle.nsw.gov.au/countusin) for activities and events beyond Count Us In. Below is a small taste from Newcastle Art Gallery:

**ATONG ATEM**, exhibition presented by Newcastle Art Gallery as part of New Annual

From 22 September to 1 October 2023

Internationally renowned photographer Atong Atem presents striking video and photographic portraiture in her first exhibition in Newcastle. The exhibition brings together two recent series of work to present migrant stories and obscured layers of history on a cinematic scale and is also offered via a **Sensory Hour**, **Auslan Interpreted Guided Tour** and an **Auslan in the Park Meet Up**.

### Event: ATONG ATEM - Sensory Hour

Wednesday 27 September, 3:00pm-4:00pm

Our Sensory Hour aims to provide a low-sensory experience for a range of different visitors, aiming to reduce sensory stress for visitors, and acknowledging the power of a quiet and contemplative visit.

We'll be turning the sound down and lights on to welcome everyone for an inclusive experience.

### Event: ATONG ATEM - Auslan Interpreted Guided Tour

Saturday 30 September, 1:00pm-1:30pm

In celebration of City of Newcastle's Count Us In festival, we are offering an Auslan interpreted Guided Tour for Deaf/Hard of Hearing/Deafblind community members. Delve deeper into the exhibition ATONG ATEM with our knowledgeable Gallery Guides. Tours commence on time at the entrance to the exhibition. Average duration: 30 minutes.

### Event: ATONG ATEM - Auslan in the Park Meet Up

Saturday 30 September, 1:30pm-3:00pm

In celebration of City of Newcastle's Count Us In festival, we are partnering with 'Auslan in the Park', a locally run community based social group within the Deaf community, to host a social meet up in the exhibition ATONG ATEM.

'Auslan in the Park' strives to create a safe space for Deaf/Hard of Hearing/Deafblind and Auslan users to spend time outside and socialise at the Newcastle Fore shore or surrounding parks and public spaces.

Register your interest with Newcastle Art Gallery to receive exclusive event and venue information for these and other sessions [confirmsubscription.com/h/d/5A95AC46BBE08224](https://confirmsubscription.com/h/d/5A95AC46BBE08224) or visit [nag.org.au](http://nag.org.au)



[newcastle.nsw.gov.au/countusin](https://newcastle.nsw.gov.au/countusin)