A snapshot of older people (over 60 years) in Newcastle



How many older people live in **Newcastle?**

34,486 people **20.8%** LGA pop. 21.9% NSW pop.

9,074 people **5.5%** LGA pop. **5.5%** NSW pop.

7,492 people 4.5% LGA pop. 4.9% NSW pop.

6,258 people **3.8%** LGA pop. 4.2% NSW pop.

4,462 people 2.7% LGA pop. **3.0%** NSW pop.

3,380 people 2.0% LGA pop. **2.1%** NSW pop.

> **3,820** people 2.3% LGA pop. 2.2% NSW pop.

In 2019, there were estimated to be 34,486 people aged 60 and over, being 21% of the total population (NSW=22%)1

165,571

12,014 by 2041

How many older people will there be in the future?

There will be a significant increase in older people over the age of 60 in the Newcastle LGA. By 2041, there will be an additional 12,014 people aged 60 and over, being a 36% increase on the 2016 population. The highest rates of increase will be in the 75 to 79 year age group (56%) and 80 to 84 years (52%)²

By 2030, people 65 years and over will form 18% of the total population (the same as NSW)3





Beresfield-Hexham and Wallsend-Elermore Vale SA2s

26% of population were over 60 in 2019⁴



Stockton-Fullerton Cove SA2 (partly within Port Stephens LGA)

35% of population were over 60 in 2019

Median age

Median age for Newcastle SA3 = $\frac{36.7}{\text{years}}$



Beresfield-Hexham

40.7 years



Stockton-Fullerton Cove SA2

48.7 years Highest median age



Lambton-New Lambton

40.1 years⁵

Health and disability



Beresfield – Hexham SA2 had the highest rates of heart, stroke and vascular disease and diabetes mellitus for older people, followed by Shortland-Jesmond SA2 and Lambton - New Lambton SA2.

Shortland-Jesmond SA2 had the highest rates of asthma for older people.8 There were

65 years and over

with a profound or severe disability in 2016 (19% of that age bracket, similar to NSW)

3,652

(or 81%) of these people

lived in the community (ie not in an institution) (NSW = 78%)9

Age

Population



How many older people live alone?

of people over 60 lived with a husband, wife or partner.

This decreased with age

√61% √18%

60-69 years

90+ years

28%

of people over 60 were the only person in their household.

This increased with age

↑22% ↑56%

60-69 years

90+ years

5%

of people over 60 were a lone parent.

This generally increased with age

60-69 years



Income

Almost

received the Aged Care Pension in 2020

Two thirds of people over 65 years received the Aged Care Pension in 2020 (NSW=59%). The number and rate (68%) has declined since 2017 (NSW=63%)7 Only

of people

have household income of more than \$2,000 per week

Only 16% of people aged 60 and over live in a household which has a household income of more than \$2,000 per week, half that of the 30% of all households. This rate declines with higher age brackets.

Volunteering

The rate of volunteering declined with age

45%

90+ years

60-69 years

Comparisons 18.5%

18.2%

15+ years

60+ years



Institutional care

people over 60 years

(8%) lived in a 'non-private dwelling' (i.e. nursing home)

The proportion increased dramatically with age

ተ 4%

60-69 years

90+ years

of these people lived in 'accommodation for the retired or aged (not self-contained)'

- 1 Reference: ABS Regional Population Estimates, 2020: data for Newcastle LGA
- 2 Reference: Population and household forecasts, 2016 to 2041, prepared by .id (informed decisions), May 2018.
- 3 Reference: Public Health Information Development
- Unit, Feb 2021: data for Newcastle LGA 4 Reference: ABS Regional Population Estimates, 2020: data for Newcastle SA3
- 6 Note that 1,514 people over 60 lived in the Stockton-Fullerton Cove SA2, which is partly within Port Stephens LGA, and a high proportion of these could
- have been included in the above results.

 7 Reference: Public Health Information Development Unit. Feb 2021: data for Newcastle LGA
- 8 Reference: ABS 2017-18 National Health Survey modelled estimates
- Reference: Public Health Information Development
 Unit, Feb 2021: data for Newcastle LGA

A summary sheet of 'A demographic profile of diverse communities within the City of Newcastle' Prepared by Jan Fallding, May 2021

All references unless specified are: Australian Bureau of Statistics 2016 Census: data for occupied private dwellings in Newcastle SA3 SA = Statistical Area (geographical area used in Population Census)



Participation in work

Participation in the labour force for people in 2016 was

of men in 60s

of women in 60s

of women in 70s

of men in 70s

of men in 80s

of women in 80s

Fulltime workers

59%

of men in 60s

of women in 60s

Part time workers

of men in 70s

of women in 70s