



City of
Newcastle

2024/25 Season Guide

Newcastle beaches and baths



newcastle.nsw.gov.au

Water safety, it starts with you



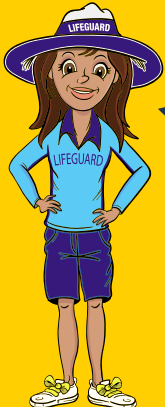
- Always swim between the red and yellow flags. **No flags = no swim**
- Never swim alone
- Before entering the water, check the conditions
- If unsure, ask a lifeguard for help
- Look for the safety signs, they will tell you what to look out for
- If you get in trouble in the water, stay calm, try to float, put your hand up and yell for help

Can you spot the rip?



The calm water in the middle of the photograph is a rip current.

Rip currents are a strong flow of water that surge from the shoreline back out to sea. Once past the waves, the current slows down and comes back to the beach again.



- Swim where the waves are
- Lifeguards place the flags away from rips, however rips are constantly moving
- If unsure, ask a lifeguard for help
- If you do find yourself caught in a rip, stay calm, try to float, put your hand up and yell for help
- A rip current will NOT pull you under or take you kilometres out to sea

Lifeguard patrols - beaches

All beaches are patrolled during the summer swimming season from 28 September 2024 until 27 April 2025. Nobbys, Bar and Merewether Beach are patrolled all year round.

Newcastle Beach and Dixon Park Beach

28 September 2024 to 3 November 2024	9am to 5.30pm
4 November 2024 to 23 March 2025	7am to 5.30pm
24 March 2025 to 27 April 2025	9am to 5.30pm

Stockton Beach

28 September 2024 to 15 December 2024	9am to 5.30pm
16 December 2024 to 2 February 2025	7am to 5.30pm
3 February 2025 to 27 April 2025	9am to 5.30pm

Bar Beach, Nobbys Beach and Merewether Beach

28 September 2024 to 3 November 2024	9am to 5.30pm
4 November 2024 to 23 March 2025	7am to 5.30pm
24 March 2025 to 27 April 2025	9am to 5.30pm
28 April 2025 to 26 September 2025	8am to 4.30pm

Surf Lifesaving Clubs

Beaches are patrolled on Saturdays, Sundays and Public Holidays by Surf Lifesaving Clubs for 30 weeks from 28 September 2024 to 27 April 2025.

Ocean Baths

Merewether and Newcastle Ocean Baths are open all year round, subject to maintenance and cleaning.

Lifeguard patrols - ocean baths

Merewether Ocean Baths

28 September 2024 to 27 April 2025	9am to 5.30pm
28 April 2025 to 26 September 2025	8am to 4.30pm

Merewether Ocean Baths will be closed for cleaning every Thursday.

Newcastle Ocean Baths

28 September 2024 to 27 April 2025	9am to 5.30pm
28 April 2025 to 26 September 2025	8am to 4.30pm

Newcastle Ocean Baths will be closed for cleaning every Wednesday.